

## Aviator Helmet: General Information

1. Aviator helmets include the HGU 56/P (below), SPH-4 and SPH-4B.
2. Adjust the crown straps to position the earcups. If necessary, adjust the cross-web straps to vary earcup compression for maximum attenuation, retention and comfort.
3. Adjust the headband suspension to fit head size.
4. If necessary, adjust the nape strap for ease of donning.
5. Adjust the chinstrap.
6. Keep the helmet dry and clean. Inspect frequently and, when parts are worn or frayed, replace them immediately.

